

SYMPTOM QUESTIONNAIRE

Please share this information with your doctor.

There are 3 basic types of bladder control problems: overactive bladder, stress incontinence, and mixed symptoms.

This simple quiz will help your doctor determine which condition you might have.

Symptoms of an Overactive Bladder

Yes

No

- Do you frequently have strong, sudden urges to urinate? Yes No
- Do you sometimes not make it to the bathroom in time? Yes No
- Do you often go to the bathroom 8 or more times per 24 hours? Yes No
- Do you frequently get up 2 or more times during the night to go to the bathroom? Yes No
- How long have you had these symptoms? _____ year(s)

Symptoms of Stress Incontinence

- Do you experience a loss of urine when you are doing physical activities, such as lifting heavy objects or exercising? Yes No
- Do you have a slight loss of urine when you sneeze, cough, or laugh? Yes No

Mixed Symptoms

- Do you have symptoms of both an overactive bladder and stress incontinence? Yes No