

Hypoallergenic Electrode Pads 50 x 50mm

Warning: if your skin becomes irritated, stop using the electrodes and consult your doctor immediately.

For single patient use only.



Electrode Pad Application:

1. Remove the pads of their plastic protectors. Do not pull on the lead wires.
2. After first ensuring that the TENS unit is off, insert the two leads into the TENS unit.
3. Establish the electrode placement. This will be indicated in the instruction manual.
4. The electrodes should be applied to clean, thoroughly dry skin.
5. After using the electrodes, stick them back onto the plastic sheet and place them into the sealable bag.
6. The life of the electrodes depends on the condition and preparation of the skin and storage climate.

Removal of the electrodes:

7. Switch off the TENS unit and unplug the lead wires.
8. Remove the electrodes from the skin and place them back onto the plastic sheet.

Storage and maintenance:

9. When you are not using the electrodes, store them in their sealable bag in a cool place, away from direct sunlight.

Positioning pads

When only two electrodes are shown on the arm, shoulder and leg, place the other two electrodes on the opposite limb or place the four electrodes on the same limb to form a square with a distance of 10 cm between each electrode.



TensCare™