



**RE-USABLE ELECTRODES**  
50 x 100 mm (2 x 4 inch)  
For single patient use only  
For use with the MamaTENS only

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## DIRECTIONS FOR USE

### APPLICATION AND REMOVAL OF PADS

1. Remove the pads from their storage bag. Unravel and connect the lead wires.
2. After first ensuring that the mamaTENS is switched off, insert both lead wire plugs into the unit.
3. Establish where the electrode pads are to be placed. This will be either as indicated in the Instruction Manual or in accordance with the advice of your midwife or medical practitioner.
4. Where the pads are to be applied wash the skin and dry thoroughly.
5. Peeling from the edge, detach one electrode from its protective liner. do NOT pull on the lead wire as this may damage or break it. Place the centre of the pad onto the skin and then smooth down and around the pad edges. Apply the three other pads in the same way. Retain the protective liners so that after use the pads may be stored without damage to themselves.
6. During use, ensure that the lead wires to all four pads remain slack and that none are under any tension at all. Failure to this may result in pad failure.
7. After use, ensure that the MamaTENS is switched off before removing the pads from the skin. Remove pads by peeling from the edge, do NOT pull on the lead wire. In between use, replace pads onto their protective liners and place back into the storage bag and seal.
8. Before returning the unit, dispose of the pads.

### IMPORTANT

- 1 Pads are for single patient use only.
- 2 Do not apply pads to unbroken skin or to skin without normal sensation.

### CAUTION

1. If skin irritation develops, discontinue use and consult a midwife, doctor, or medical professional.